



Guiding the Student-Athlete

FRESHMAN/SOPHOMORE YEARS

- *Establish a four-year academic plan to meet all core course requirements, take a strong academic course load, and maintain good grades in core courses.
- *Talk with your coach about other opportunities to increase your exposure.
- *Attend Summer Camps
 - *Videotape games
- *Keep records of your athletic achievements, extracurricular activities, etc.
- *View college athletic web sites. Most have a simple questionnaire you may fill out and email to the coach. Also view college athletic rosters to see number of athletes graduating, as well as potential trends in recruiting.

JUNIOR YEAR

- *Continue to take a strong academic course load, make certain you are taking the required core academic courses.
- *Register for and take the required standardized tests (i.e. SAT, ACT). Designate the NCAA to receive SAT & ACT scores when registering for test. NCAA- Code is #9999 on SAT & ACT.
- *Attend college visits and fairs and develop a list of prospective schools. (consideration should be given to academic achievement and athletic ability)
 - * Develop an athletic resume and continue to update records and lists of athletic and extracurricular activities.
- *Familiarize yourself with the rules and regulations governing recruiting, eligibility and financial aid.
- *Discuss with your coach his/her involvement in your recruitment process. Ask him/her to be proactive on your behalf by responding to questionnaires sent by recruiting coaches.
- *Send a letter, email or call your athletic resume to coaches of schools you are interested in attending.
- *Continue to attend sports camps and videotape games. Send video to prospective coaches at the end of the junior year. (For spring sports, consider doing this earlier!)
- ***Register for the NCAA Eligibility Center (Prospective Division 1, Division II).

SENIOR YEAR

*Continue to work hard in your academic courses, retake SAT or ACT as needed, and start college/financial aid applications.

*Continue to write, call or e-mail coaches expressing interest in their school and athletic programs.

*Update your athletic resume.

NCAA Eligibility Center

What is the NCAA Eligibility Center?

The NCAA Eligibility Center certifies the academic credentials of college-bound student-athletes who aspire to compete in intercollegiate sports at the Division I or II level. The Eligibility Center use approved core courses and considers a combination of core-course GPA and test scores to certify initial eligibility.

How can I find West Deptford's list of NCAA-approved courses?

Go to [Approved High School Courses](#) and enter West Deptford's 6-digit CEEB/ACT code (311638) to access the list of courses.

When and how do I register with the NCAA Eligibility Center?

The NCAA recommends that college-bound student-athletes [Create An Account](#) and complete the online registration process at NCAA Eligibility Center the beginning of junior year. Use the [Registration Checklist](#) to assist you in the registration process. There is a fee to register.

How do I submit my SAT or ACT scores to the NCAA Eligibility Center?

Test scores must be sent directly from the appropriate testing agency. Go to [SAT](#) or [ACT](#) and log in to your account to submit your request. The NCAA code is 9999. There is a fee to send your scores.

*To review more information:

[2017-2018 Guide for the College-Bound Student-Athlete](#)

[NCAA Eligibility Center Quick Reference Guide](#)

[Initial-Eligibility Brochure](#)