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| --- | --- | --- | --- | --- | --- |
| **One drink = 12 oz. beer;**  **5 oz. glass of wine;**  **1.5 oz. 80 proof liquor**  | 0 | 1 | 2 | 3 | 4 |
| 1. How often do you have a drink containing alcohol?
 | Never | Monthly or less | 2-4 times a month | 2-3 times a week | 4 or more times a week |
| 1. How many drinks do you have on a typical day of drinking?
 | None | 1-2 | 3-4 | 5-6 | 7-9 |
| 1. How often do you have 6 or more drinks on one occasion?
 | Never | Less than monthly | Monthly | Weekly | Daily or almost daily |
| 1. How often during the last year have you found that you were unable to stop drinking once you had started?
 | Never | Less than monthly | Monthly | Weekly | Daily or almost daily |
| 1. How often during the last year have you failed to do what was normally expected of you because of drinking?
 | Never | Less than monthly | Monthly | Weekly | Daily or almost daily |
| 1. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
 | Never | Less than monthly | Monthly | Weekly | Daily or almost daily |
| 1. How often during the last year have you had a feeling of guilt or remorse after drinking?
 | Never | Less than monthly | Monthly | Weekly | Daily or almost daily |
| 1. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
 | Never | Less than monthly | Monthly | Weekly | Daily or almost daily |
| 1. Have you or someone else been injured as a result of your drinking?
 | Never |  | Yes, but not in the last year |  | Yes, during the last year |
| 1. Has a relative, doctor, or other health care provider been concerned about your drinking or suggested you cut down?
 | Never |  | Yes, but not in the last year |  | Yes, during the last year |
| **A score of 8 or more is associated with harmful or hazardous drinking, a score of 13****or more in women, and 15 or more in men, is likely to indicate alcohol dependence.** |

**ALCOHOL USE DISORDERS INDENTIFICATION TEST**