



EAGLE NEWS – September 23, 2016

Principal Notes:

- ✚ Special thanks to all of our parents who were able to attend our successful Back-To-School Night last evening. As always, it was great to see all of our parents and welcome you back to our school community.
- ✚ Please take note that students who are not participating in a club, sport and/or extracurricular activity must leave the school at the end of the school day. We cannot have students walking or hanging in the hallways without supervision. Thank you for your support.
- ✚ Always remember that communication is key to our success. If you ever have any questions, problems or concerns, please contact the school so we can assist you in obtaining the answers to your questions!

-Dr. Gismondi

GUIDANCE NEWS:

What an exciting time of year for you! We are looking forward to working together in a partnership to assist your child in planning for their future! We know that this can also be a stressful time which is why communication is oh so important!

We wanted to let you know that we met with seniors this morning and talked briefly about some of their important next steps as they relate to college and career planning. (See attachment for the handout we distributed.) We emphasized how important it is that they read all the information we send them via the Remind text messaging system as well as through email. We will be sending lots of pertinent information regarding ACTs/SATs, scholarships, FAFSA, RCGC Open Houses and field trips. It is **THEIR** responsibility to read this information!

We don't want you or your son/daughter to miss out on any opportunities or resources. So please encourage them to read through everything we send. You, too, can sign up for the Guidance remind system. Simply text @wdhs17 to 81010.

There is also a TON of information and valuable resources available to you in the **Naviance program**. Ask your son or daughter to show you how to use it. Everything related to college and career planning can be accessed through this tool. We encourage you to take advantage of all it has to offer.

Thank you for your support of our efforts. We look forward to a great senior year!

BIG CONGRATULAIONS:

Tyler P. Barna has been named **Commended Student** in the **2017 National Merit Scholarship Program**. A Letter of Commendation from the school and National Merit Scholarship Corporation (NMSC), which conducts the program, was presented to Tyler by Dr. Gismondi to this talented senior!

About 34,000 Commended Students throughout the nation are being recognized for their exceptional academic promise. Although they will not continue in the 2017 competition for National Merit Scholarship awards, Commended Students placed among the top five percent of more than 1.6 million students who entered the 2017 competition by taking the 2015 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT®).

“The young men and women being named Commended Students have demonstrated outstanding potential for academic success,” commented a spokesperson for NMSC. “These students represent a valuable national resource; recognizing their accomplishments, as well as the key role their schools play in their academic development, is vital to the advancement of educational excellence in our nation. We hope that this recognition will help broaden their educational opportunities and encourage them as they continue their pursuit of academic success.”

KEY CLUB NEWS:

On Thursday September 15th, Key Club members visited Brightview Assisted Living in Woodbury. Residents and Key Clubbers played Bingo and visited with the patients in the Alzheimer’s and Dementia unit. The following students shared their time with the elderly: Bassey Abit, Markayla Anderson, Sarah Cabello, Julie Egresitz, Liana Egresitz, Taylor Fanslau, Alexis Hill, Robin Hill, Noah Hingley, Matthew Holcombe, Hunter Marple, Kyle McCormick, Jason Minnite, Dante Paterna, Kevin Reeve, Mariaya Smith, Samantha Steward, Shay Vitale, Christopher Watts, and Harrison Weidner.



On Saturday September 17th, members of the WDHS Key Club participated in a service project at the Volunteers of America Integrated Services Supporting Independence Center in North Philadelphia - a residential program for mentally ill clients. Students refurbished and planted gardens, built picnic tables, and assembled a shed. Students also made cookies and cupcakes that were served to the volunteers and clients at the program. Philadelphia Phillies Tommy Joseph, Jerad Eikhoff, and Adam Morgan showed up to lend a hand. The following students participated: Sarah Cabello, Kyra D’Costa, Laura Gallo, Jason Minnite, Markayla Anderson, and Juliana Stauffer.



On Tuesday, September 27th Key Club will be making peanut butter and jelly sandwiches for the



homeless. Donations of peanut butter and jelly are now being accepted. Thanks in advance for your donation.

NHS NEWS:

The NHS is hosting an American Red Cross Blood Drive on Monday, October 17th for students. In order to donate, students must be at least 16 years old, weigh at least 110 lbs and be at least 5'1" tall. Each donation is split into 3 components, so each donation can help save 3 lives!! Please encourage your child to sign up! The need is constant. The gratification is instant. Give blood™.

ATHLETIC DEPARTMENT NEWS:

CONGRATULATIONS to WDHS Eagle Tennis player Gillian Purvenas for finishing 2nd at last weekends Gloucester County Times Tennis Tournament. The 2nd place finish ranks as one of the highest finishes in school history.

CONGRATULATIONS TO OUR CLASS OF 2016 HALL OF FAME INDUCTEES:

Matt Moore 1973-1977
Kevin Wittmeyer 1993-1997
Jason Wood 1993-1997
Meghan McGlinchey 2005-2009
2009 – 2010 Wrestling Team

Come out to recognize our HOF Inductees at our October 7th Football Game v. Sterling!

USEFUL INFORMATION:

Comcast offers a program, called Internet Essentials for school students who might not have internet at home. <https://customer.xfinity.com/help-and-support/internet/comcast-broadband-opportunity-program/>

SCIENCE DEPARTMENT NEWS:

The Exxon Mobil Technical Center in Paulsboro is conducting a full day STEM program for female sophomore students on Tuesday, October 18, 2016. Students will participate in activities involving robotics, chemistry, and engineering. They will have an opportunity to speak with engineers and tour the engine laboratory. Ten students may attend. Registration is on a first come, first served basis. To pick up registration materials, see Mr. Pustie in room 26 or Mrs. Quindlen in Guidance.

GUIDANCE NEWS:

A couple of Important Reminders for Seniors:

- The next SAT test date is November 5th and the registration deadline is October 7th. Students can register at www.collegeboard.com.
- The next ACT test date is Oct. 22nd. Late registration runs until Sept. 30th. Students can register at www.act.org.

RCGC will be here on October 25th to talk with seniors who are interested in attending the community college after they graduate. Students should sign up via Naviance or in the Guidance Dept. The application process for RCGC will be discussed at that time.

Juniors and Parents of Juniors: If you have not already signed up for the Guidance reminder text messaging system, please do so! **Text @wdhs18 to 81010.**

Juniors and seniors are invited to **sign up to attend college presentations here at WDHS.** We will host visits from over 30 colleges and trade schools in the next 3 months. Seats are limited so students should sign up through their Naviance accounts ASAP! Schools coming next week are: Shippensburg, Johnson & Wales, PB Cosmetology Center, Ramapo, Monmouth, Rutgers, and NJIT.

All sophomores and juniors will take the **PSAT in school on October 19th, 2016.** **No registration is required!**

ALLY WEEK:

Ally Week (Sept. 26-30) is a week for students to engage in conversation and learn how to support students who identify as LGBTQ which stands for lesbian, gay, bisexual, transgender, and questioning. An ally is a person who supports LGBT+ students by standing up against the bullying and harassment LGBT+ youth face in school. Be an Ally, and help provide a safe and supportive environment for all students. Ribbons will be provided during homeroom and lunch periods. This message has been brought to you by the WD Safe Space.

OUTDOORS CLUB NEWS:

Outdoors Club will be going to the Pine Barrens on Sunday, October 2nd. Students will be able to kayak or canoe on the Wading River. See Mr. Burr or Ms. Dupont if interested. Transportation will be provided.

West Deptford HS Class of 2019 Fall Fundraiser



OTIS SPUNKMEYER

Now you can fresh bake and serve all your family favorites! Choose from 13 delicious flavors of **OTIS** cookies, **AUNTIE ANNE'S** pretzels and **CINNABON Goey Bites**. Skip the baking and enjoy the ease of our “*thaw and serve*”

including Otis muffins, Double Fudge Brownies, and Pumpkin Cream Roll. Plus “heat and serve” **SOUL WARMING** soups – same soups served at Panera Bread.

There is something for everyone to enjoy in this great food program. All items delivered in time for holiday entertaining.

Our goal is for every family to participate. We are asking every student to sell at least **5** items. Profits from this fundraiser will be used towards your own **STUDENT ACCOUNT**. This account can be used by you in order to buy prom tickets, homecoming tickets, senior trip, etc.

Help make this the best fundraiser ever! Share the brochures with family, friends, and co-workers.

ORDERS DUE: No later than **Friday, October 14th**.
Return white & yellow order forms.

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PAYMENT: All payments must be collected when the order is placed.
Checks payable to **West Deptford –Class of 2019**.
Please include student’s name on the check.

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DELIVERY: Early November – more details to follow!

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QUESTIONS: Please contact **Mrs. Patton or Ms. Stetson**
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Thank you for your continued support!

OPERATION BLESSING NEWS:

WEST DEPTFORD PARK
5k TRAIL RUN
Kids 400m RUN and Park WALK
Proceeds benefit Operation Blessing
Sunday, September 25th at 9:00 a.m.
West Deptford Park

Off of Grove Road
1480 Metropolitan Avenue, West Deptford, NJ 08066
(For Information/Directions: Kimberly Lee (609) 206-4573)

REGISTRATION INFORMATION

- \$15 pre-registration for all 5K entries postmarked by September 19th, 2016.
Make checks payable to "WDMS PTO"
Send this completed form and check to: Kimberly Lee
1847 Fernwood Drive
West Deptford, NJ 08096

- \$20 on Race Day – Registration starts at 8:00 a.m.
- Free Kids 400m race. Donations accepted for Fun Walk.

AWARDS

- Trophies will be awarded to the top teens/adults male and female overall finishers. Trophies will be awarded to the youngest/oldest male and female overall finishers.
- Medallions will be awarded to the top three male and female finishers in the following categories: 10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 + ***no duplicate awards***

AMENITIES

- T-shirts, Awards Ceremony, and Refreshments

WD Park Trail 5K RELEASE FORM (MANDATORY)

In consideration of accepting this entry, I, the undersigned, assume full responsibility for any injury or accident which may occur during the event or while I am on the premises of the event. I hereby release and hold harmless the township of West Deptford, sponsors and race supervisory personnel. I verify that I am physically fit and have sufficiently trained for this running event and a licensed medical doctor has verified my physical condition. I hereby grant full permission to any and all of the foregoing to use any photographs, videotapes, recordings, and record of this event.

NAME _____ GENDER _____ AGE _____
ADDRESS _____ T-SHIRT SIZE _____
CITY _____ STATE _____ ZIP _____

Signature (or parent's if under 18) Email Address

RENAISSANCE CLUB NEWS: SAVE THE DATE!

The Renaissance Club is hosting their first **Car and Truck Show!** It will be held on **Saturday, May 20, 2017**. If you are interested in showing a car or truck, or if you are interested in being a vendor at our Car and Truck Show please fill out one of the attached forms and send them in to the attention of either Mrs. Falcone or Mrs. Pence. All spots (car/truck as well as vendors) are \$15. The Renaissance Club appreciates your ongoing support! We hope to see everyone there!



Calling All Vendors!
West Deptford HS Renaissance Club's
1st Annual

Car & Truck Show



To be held at West Deptford High School

1600 Old Crown Point Road, West Deptford NJ, 08093

On Saturday, May 20th

(Rain date 5/21/17)

From 11:00 am to 2:00pm

(Set-up starts at 9:00 am on the day of the event and break down begins at 2:00pm)

ACT NOW and reserve your space – tables are first come,
first served!

Tables are \$15

Registration due by 5/11/17

Name: _____

Address: _____

Craft or Affiliate Company: _____

No Cash Accepted!

Make checks payable **West Deptford High School**

For additional information contact:

Jackie Falcone jfalcone@wdeptford.k12.nj.us or Erin Pence epence@wdeptford.k12.nj.us.



West Deptford HS Renaissance Club's

1st Annual

Car & Truck Show

Domestic and Foreign

All Makes – All Models – All Years



Saturday, May 20th 2017



11:00 am \$15 entry fee on/before May 11th (\$20 after 5/11)

**Best of Show – Best Presentation – WDHS
Choice – Entrant's Choice**

Food Trucks – Vendors – Special Events

Name: _____

Address: _____

Make: _____ Year: _____ Style: _____ Color: _____

No Cash Accepted! Make checks payable **West Deptford High School**

For additional information contact:

Jackie Falcone jfalcone@wdeptford.k12.nj.us or Erin Pence epence@wdeptford.k12.nj.us

SUPPORT THE FIGHT AGAINST ESOPHAGEAL CANCER! Our October 14th Football Game v. Woodstown will be dedicated to WD Administrator Rich Badt and his fight against esophageal cancer. Please see attachment to get involved and make it a special night. All proceeds go to esophageal cancer research. See attachment.

BADTSTRONG FUNDRAISER



Head Bands

\$12



Pins \$1

All the proceeds go to Esophageal Cancer.
All Pre-orders for Head Bands and Pins are due by
9/23
Game Dedication 10/14 @7pm.
Contact Info: Katie Lee
856-723-3678

Checks made payable to: WDHS Athletic Department

Return payment to: Jason Morrell or Katie Lee

More info about Esophageal Cancer <https://www.caringbridge.org/visit/richbadt#>

Head Bands _____ Pins _____ Order Form Total: _____

Name _____ Contact Number _____

TRY THIS DELICIOUS RECIPE!

Just in time for autumn
Mrs. McCool's Award-Winning Sausage Pumpkin Chili



- 2 tsp olive oil
- 1 yellow onion (diced)
- 1 each green, orange, yellow, and red bell pepper (diced)
- 1lb of Sweet Italian Bulk Sausage
- 1lb of Mild Italian Bulk Sausage
- 1 1/2 tsp minced garlic
- 1 bottle of lager beer
- 2 cans (14.5oz can size) of diced tomatoes
- 1/2 a jar of tomato sauce
- 1 can (15.5oz) of kidney beans (drained)
- 1 can (15.5oz) of black beans (drained)
- 1 can (15oz) of pumpkin puree
- 1/4 tsp curry
- 1 tsp cumin
- Dash of salt/dash of pepper
- 1 1/2 tsp chili powder
- 1/4 tsp cayenne pepper
- 1 1/2 tsp pumpkin pie spice
- 1 1/2 tsp turmeric
- 1/2 tsp cinnamon

Instructions

In a large skillet sauté onion and peppers, in olive oil, until tender.
Add sausage, breaking it up as you brown it.
Add garlic, cook another minute.
Transfer into a large pot.
Add beer, tomatoes, sauce, beans, pumpkin puree, and spices.
Bring to a boil and then simmer (stirring often) for an hour.
Taste periodically and adjust spices as needed.